

# Don't Burn Your Wedding Toast

## Toastmasters International offers tips for toasting to newlyweds

RANCHO SANTA MARGARITA, Calif., May 27, 2015 /PRNewswire/ -- With wedding season approaching, happy couples from around the world are preparing to walk down the aisle and begin their lives together. Wedding season also marks the time when friends and family will be asked to give a toast to celebrate the occasion. For many, it may be the first time they are being asked to speak publicly, and, although it may be in front of friends and family, it can be an intimidating experience.

Experience the interactive Multimedia News Release here: <http://www.multivu.com/players/English/7491851-toastmasters-wedding-toast-tips/>

Toastmasters International, the global organization devoted to communication and leadership skills development, offers these five tips for delivering a memorable wedding toast:

1. **Be prepared.** Know your material and try to avoid reading. Include an opening, a body and a conclusion.
2. **Identify yourself.** Open with a brief explanation of your relationship to the couple before beginning the toast.
3. **Use humor and creativity.** Entertaining stories and anecdotes are appreciated by the audience, but avoid telling potentially embarrassing stories or using offensive language.
4. **Get personal.** A toast should be original, heartfelt and customized for the occasion.
5. **Stand; lift your glass** and say, "I'd like to propose a toast." Pause to allow guests to shift their attention toward you and give them time to lift their glasses. Be sure to lower your glass to about waist height.

"It's important that the person delivering the wedding toast is confident, poised and moderately brief," says Mohammed Murad, Toastmasters 2014-15 International President. "The most memorable messages come from the heart, are light-hearted and focus on wishing the couple well on their joyful journey together."

[Click here](#) to watch a Maid of Honor using the five tips above as she delivers her wedding toast. In addition to toasting advice, Toastmasters offers many [public speaking tips](#). To practice your toasts or speeches, find a Toastmasters club near you by visiting [www.toastmasters.org/findaclub](http://www.toastmasters.org/findaclub).

### About Toastmasters International

Toastmasters International is a worldwide nonprofit educational organization that empowers individuals to become more effective communicators and leaders. Headquartered in Rancho Santa Margarita, California, the organization's membership exceeds 313,000 in more than 14,650 clubs in 126 countries. Since 1924, Toastmasters International has helped people from diverse backgrounds become more confident speakers, communicators and leaders. For information about local Toastmasters clubs, please visit [www.toastmasters.org](http://www.toastmasters.org). Follow [@Toastmasters](https://twitter.com/Toastmasters) on Twitter.

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