

Toastmasters International Announces Jia Jiang as its 2019 Golden Gavel Recipient

Rejection Therapy pioneer to accept organization's most prestigious award

ENGLEWOOD, Colo., July 10, 2019 /PRNewswire/ -- Toastmasters International announces Jia Jiang, a specialist in "rejection therapy" and CEO of Wuju Learning, as the recipient of the organization's 2019 Golden Gavel award. The award, presented annually to an individual who exemplifies excellence in the fields of communication and leadership, will be presented to Jiang during the Toastmasters International Convention, Aug. 21-24, 2019, in Denver, Colo.

"Jia Jiang is an entrepreneur and pioneer in the field of rejection therapy," says Lark Doley, Toastmasters' 2018-19 International President. "As this year's Golden Gavel recipient, he will share stories of his own rejection and teach our members about the importance of being rejection-proof."

Jiang is the owner of Rejection Therapy, a website that provides inspiration, knowledge and products for people to overcome their fear of rejection. He is also the CEO of Wuju Learning, a company that teaches people and trains organizations to become fearless through rejection training. In 2015, he authored the Amazon bestselling book, *Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection*. In 2017, his TED Talk was one of the most-viewed of the year.

Several years after Jiang began his career in the corporate world, he took a life-altering risk and stepped into the uncertain world of entrepreneurship. He decided to tackle everyone's biggest fear: rejection. This was the catalyst that set Jiang on the path to his true calling.

To conquer the fear of rejection, Jiang embarked on a personal quest and started a blog, 100 Days of Rejection Therapy. His journey revealed a world that was hidden in plain sight—a world where people are much kinder than we imagine. He discovered that rejection can be much less painful than we believe, and that the *fear* of rejection is often much more damaging than the actual experience.

"Being recognized by Toastmasters International as the 2019 Golden Gavel award recipient is a great honor," says Jiang. "I look forward to sharing my experiences with Toastmasters' members and educating them on the benefits of rejection training."

Jiang will accept the award and address attendees during a presentation on Friday, Aug. 23, at the Gaylord Rockies Resort and Convention Center in Denver. Jiang joins an illustrious list of Golden Gavel honorees, including Walter Cronkite, Stephen Covey, Anthony Robbins, Muhammad Yunus and Zig Ziglar.

To learn more about the 2019 International Convention, Aug. 21-24, and obtain a complete schedule of events, including the Opening Ceremonies, Education Sessions and the World Championship of Public Speaking, visit <https://www.toastmasters.org/events/2019-international-convention>. The public is invited to attend.


To learn more about Jia Jiang, visit <https://www.rejectiontherapy.com/about-jia>.

About Toastmasters International

Toastmasters International is a worldwide nonprofit educational organization that empowers individuals to become more effective communicators and leaders. Headquartered in Englewood, Colo., the organization's membership exceeds 357,000 in more than 16,600 clubs in 143 countries. Since 1924, Toastmasters International has helped people from diverse backgrounds become more confident speakers, communicators and leaders. For information about local Toastmasters clubs, please visit www.toastmasters.org. Follow [@Toastmasters](https://twitter.com/Toastmasters) on Twitter.

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